

**EFFECTS OF YOGIC PRACTICES AND TAI-CHI TRAINING ON SELECTED
PHYSIOLOGICAL BIO-CHEMICAL PSYCHOLOGICAL
VARIABLES AND PLAYING ABILITY AMONG
WOMEN FOOTBALL PLAYERS**

Dissertation Submitted to the Tamil Nadu Physical Education and Sports

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DOCTOR OF PHILOSOPHY

IN

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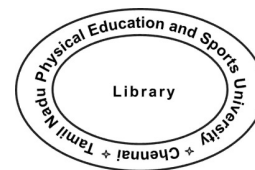
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